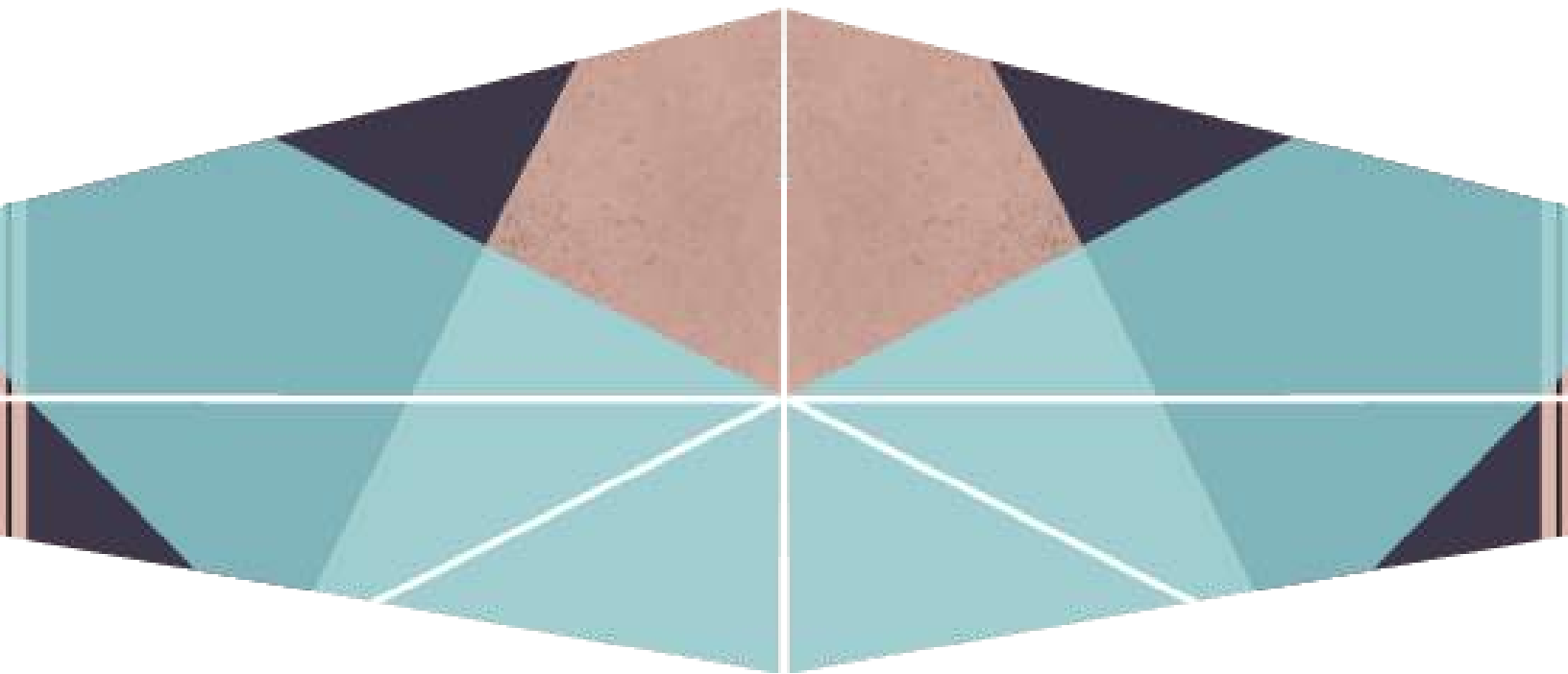




# Maternal Support Practitioner Certification Requirements

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# Certification Requirements

**All certification requirements must be submitted before your exam will be graded. Once all of your requirements have been submitted to your DropBox folder and your exam has been completed please email our Director of Education, Meg Kant at [meg@bebomia.com](mailto:meg@bebomia.com) to be added to the list for marking.**

- Must be 18 years of age
- Complete a bebo mia Maternal Support Practitioner training.
- 24 months to complete the requirements \*special permission required for exceptions
- Read all books on the bebo mia **Core Required Reading list**.
- Provide a book review of 2 books chosen from either the Core Required Reading list or the Optional Portion of the Reading List.
- Submit a 3 minute video (MAX LENGTH) explaining to your client about informed consent and how to use their BRAIN.
- Complete all mandatory homework and upload it to your DropBox Folder. Mandatory homework will be indicated in the homework section of your class modules.

Please complete all requirements and documents for certification and send them together in a **DropBox file shared with [meg@bebomia.com](mailto:meg@bebomia.com)**

If you require assistance with this, please email [info@bebomia.com](mailto:info@bebomia.com)

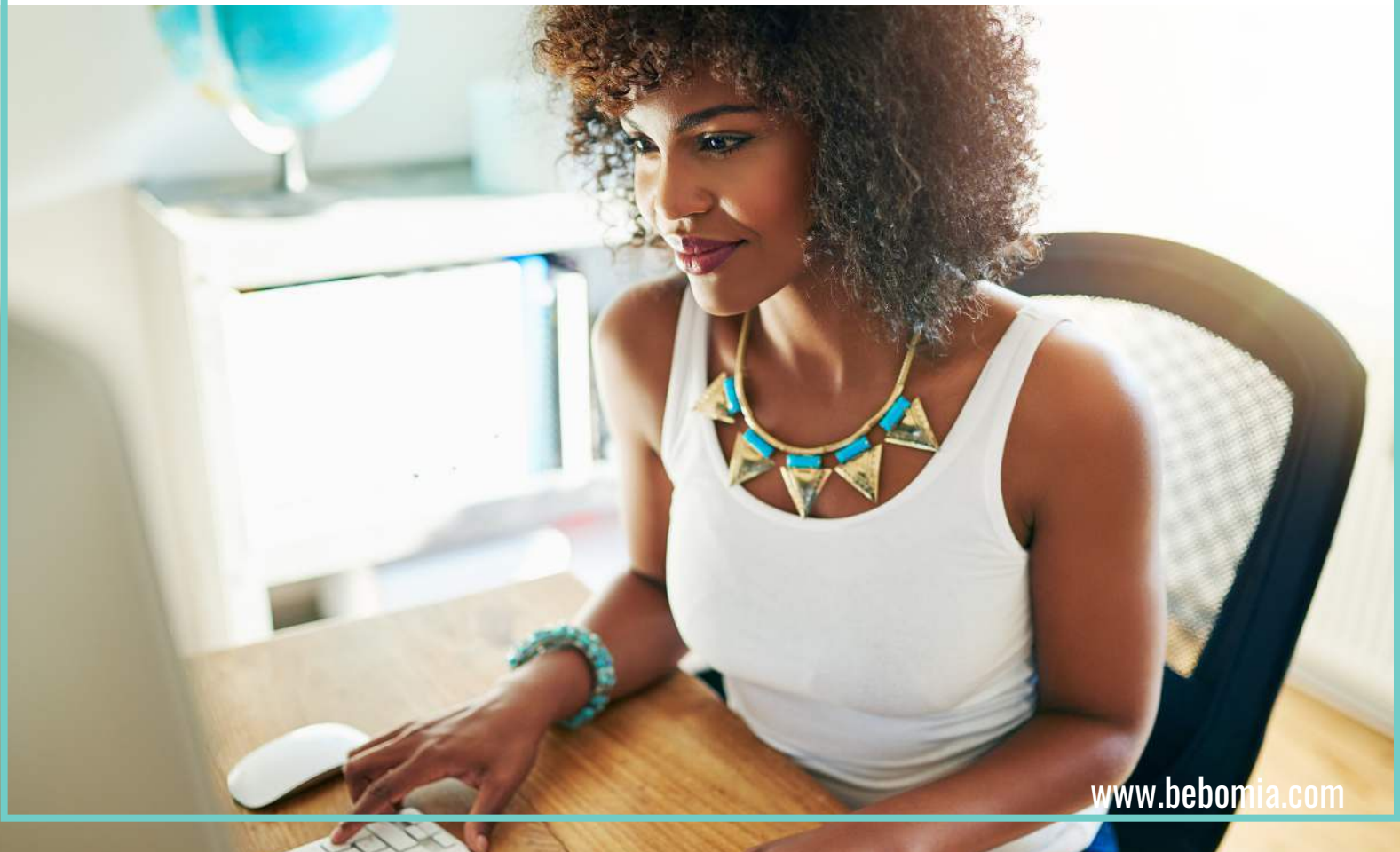
# Certification Requirements cont...

- Complete bebo mia final examination with **minimum 85% grade** for passing from all cumulative marks.
  - **NOTES ABOUT EXAM MARKING** - Marking is done quarterly in the first couple of weeks of January, April, July and October. Please have everything submitted by the last day of the month prior to marking to ensure your requirements will be graded.
  - Please note the **Exam Policy** for re-writes.
- Must show proof of CPR certification (infant, child, and adult) and recertify bi-annually (every 2 years).
  - Certification can be from ANY recognized CPR & First Aid Training provider so long as a certificate of completion is provided.
- Read and sign the bebo mia inc. **Standards of Practice and Code of Ethics**
- We recommend (**NOT REQUIRED**) you attend a breastfeeding basics workshop (20 hours) OR the 20-hour WHO course
  - bebo mia provides the **Breastfeeding Educator Certification** that will meet this **recommendation**

Please complete all requirements and documents for certification and send them together in a **DropBox** file shared with [meg@bebomia.com](mailto:meg@bebomia.com)  
If you require assistance with this, please email [info@bebomia.com](mailto:info@bebomia.com)

# Choosing Your Certification Focus

Please choose one of the following modalities to complete your certification requirements. **You will be certified as a fertility-birth-postpartum MSP regardless of which one focus you choose for certification purposes.** All of the forms that are required to be submitted can be found under Important Documents on your training site.



# 1. For those with a focus on Fertility Support:

- Attend 1 birth and provide at least 90 minutes of immediate PP support
- A Labour Summary Form **MUST** be submitted from birth that was attended
- If birthing person is not also a fertility client for certification purposes, a Labour Support Practitioner Evaluation Form **MUST** be submitted
- Attend 6 fertility consultation/meetings/appointments - minimum 1hr each
- 10 hours minimum phone & email support
- **MUST** service 4 different families minimum
- a Fertility Support Practitioner Evaluation Form needs to be filled out by the person TTC or partner of each family



# 1. For those with a focus on Postnatal Support:

- Attend 6-12 postnatal shifts - minimum 2 hours each, with a minimum of 30 hours attending and supporting families cumulatively.
- Must service at least 2 different families minimum
- A Parenting Support Practitioner Evaluation Form **MUST** be filled out by the birthing person or partner of each family
- Attend 1 birth, and provide at least 90 minutes of immediate PP support
- A labour summary form **MUST** be submitted from birth that was attended
- If birthing person is not also a postpartum client for certification purposes, a Labour Support Practitioner Evaluation Form **MUST** be submitted





# 1. For those with a focus on Pregnancy & Birth Support:

- Attend at least 3 births with a minimum of 50 hours attending and supporting labour/birth cumulatively.
  - If the required hours are not reached with the 3 births, subsequent births must be attended until the 50 hour requirement is reached.
  - If the required hours are reached in 1 or 2 births, a 3rd birth will be required.
- Birthing Clients must receive two prenatals.
- Must remain with birthing person to provide immediate postpartum care for at least 90 minutes for each certifying birth
- It is highly recommended that you attend 1 postnatal shift for a minimum of 4 hours. However it is NOT Mandatory.
- Only 1 birth may be an **ELECTIVE** Cesarean Section
- Must complete the Labour Summary Form provided by bebo mia
  - Please do your best to have each summary form and signed by a medical professional (ie nurse, midwife or GP who attended the delivery when possible)
- A minimum of 3 Labour Summary Forms **MUST** be submitted
- A Labour Support Practitioner Evaluation Form **MUST** be filled out for each birth by labouring person or support person/partner
- A minimum of 3 Labour Support Practitioner Forms **MUST** be submitted



# Style Guide for Book Review

- Review can be completed from books on either the Core Reading list, or the Optional Reading list
- Reviews should be in an essay format and a **minimum of 500 words** in length.
- It should **not exceed 800 words**.
- Review format should be in **black, 12pt. Arial font, with line spacing set to 1.5**.
- Please include **author's name and publishing information**.
- Subject matter – **what type of book is this** (ie general interest, technical research, skill development)
- Why this book - let us know **why you chose this book** and how you think it will benefit you and your clients
- **Author's purpose for writing the book** – if this is not stated what do you think the purpose is?
- **Target audience** - is this written for health care community or for general population?
- **Author's style** - is it formal or informal? What level of education is required to understand the content?



# Style Guide for Book Review cont...

- **Value of information provided** – is the information offered factual, well researched and evidence based? How was this accomplished? Are the references easy to check? Did the author include footnotes or recommended readings? Does the information in the book work for the target audience? Are there any audiences who would not benefit from reading this book? If this book is an older publication does the information still have relevance for today's audience?
- **Structure of information** – are the author's thoughts/concepts well organized and does the book have a logical flow? Can the book's information be easily accessed through the index? If there are examples are they easy to follow? If there are illustrations included are they clearly executed and relevant to the subject?



# Style Guide for Book Review cont...

- **Effect on the reader** – how did this book make you feel about the topic? Did you learn anything new or change your opinion about the topic after reading this book? Are there additional resources which you would recommend for use along with this book to improve its purpose? Under what circumstance would you recommend this book?
- **Meeting the target** – how well has the author fulfilled their goal for writing this book? What effect do you think this book will have on the target audience?



**Essay Rubric**  
(please attach to book review)

Criteria	Uses a high level of skill in articulating and achieving objective.	Demonstrates inconsistency in executing skills to articulate and achieve objective.	Inappropriate or little use of skill in articulating or achieving objective.
<b>Format</b>			
Includes introduction, body paragraph, conclusion	2	1	0
Between 500-800 words	1	-----	0
Responds to all the questions posed in the assignment description	2	1	0
Reference list is properly cited	2	1	0
Proper in-text citation is used	3	2	1 0
<b>Introduction</b>			
Introduction of topic provides insight into book subject matter	2	1	0
Clearly identifies the author's purpose for writing the book	2	1	0
Clearly identifies the target audience	2	1	0
<b>Body Paragraphs</b>			
Clearly identifies the value of the information provided in the book	3	2	1 0
1-2 critiques of the author's structure of information	3	2	1 0
Clearly articulate the effect on the reader	3	2	1 0
Discussion of why/why not you would recommend the book	3	2	1 0
Analysis of whether the book meets the target market	3	2	1 0
<b>Conclusion</b>			
1-2 sentences that summarize main ideas/points	3	2	1 0
1-2 sentences that "wraps up" essay	2	1	0
<b>Organization, Grammar, and Spelling</b>			
Essay is organized and logical	2	1	0
Use of accurate grammar and spelling throughout	2	1	0

Score:    /40  
(32/40 is required to pass)



# MSP Recertification Requirements

- Our recertification is required every 24 months from the date of certification, not course completion.
- We request a brief reflection and analysis essay based on your previous 2 years of practice. We are looking for you to highlight challenges, successes and areas for development.
- Please reflect upon their previous recertification essays, if applicable, when writing your reflection piece.
- The recertification fee is included in the cost of the course.
- We recommend that you join our monthly membership for ongoing 1:1 business and doula support.
- You must stay current with your CPR certification.